

New Student Trial Process

Special Interest Volleyball Program



**Brighton
Secondary
School**

This process document outlines the application and trial process for all students seeking entry into our Special Interest Volleyball Program. The selection process is completed through a three-phase trial process. This designed to identify individuals who possess the necessary physical fitness, movement skills, and the right attitude, behavior, and commitment to learning to join our volleyball program.

Application Process – 2 pathways

Pathway 1: Year 6 applicants to begin high school the following year (both in zone and out of zone)

1. Complete the expression of interest form on the Volleyball Selection Process tab on the school website - <https://www.brightonss.sa.edu.au/enrolment/volleyball/selection-process/>
2. Wait for communication to come through regarding trial dates and information.

Pathway 2: currently enrolled Brighton Secondary School students wanting to join the program

1. Once trial dates have been set, they will be communicated to students through Daymap, homegroup, year level assemblies, and the school social media platforms. Trial application forms will be available for collection from the Volleyball Office following this communication.

Fitness & Skills Testing Trial

- Students who have applied, will be invited to the fitness and skills trial, which consists of 6 physical fitness tests and 4 movement and motor skills tests.
- The physical fitness tests will assess the students' overall fitness levels, muscular power, agility, speed, reaction time, and endurance.
 - These tests consist of; 20m sprint, agility test, vertical jump, ball throw, reaction test, and 20m shuttle run (beep test).
- The movement and motor skills-based trial will include tests for basic forearm passing, setting, and serving, as well as an on-court agility and concentration test.
- Students who meet or exceed the established standards in majority of the physical fitness tests will advance through to the Attitude, Behaviour, and Commitment to Learning Check stage of the selection process.

Attitude, Behaviour, and Commitment to Learning Check

1. Successful applicants from the fitness and skills testing trial will undergo an assessment of their attitudes, behaviors, and commitment to learning.
2. This check consists of a review of applicants' two most recent school reports, focusing on their attitudes and behaviours, as well as their commitment to learning across all subjects.
3. **Please note: Out of Zone applicants are required to attend a 10-minute conversation led by a staff member, focusing on their personal skills and abilities and offer them an opportunity to showcase how they can benefit our program.**
4. Students who meet or exceed the established standards of attitude, behaviour, and their commitment to learning will be offered a position in the Special Interest Volleyball Program.

Program Offer

1. Students who successfully pass all stages will be offered a position in the Special Interest Volleyball Program.
2. Successful applicants will receive notification of their acceptance and further instructions on how to accept the position.