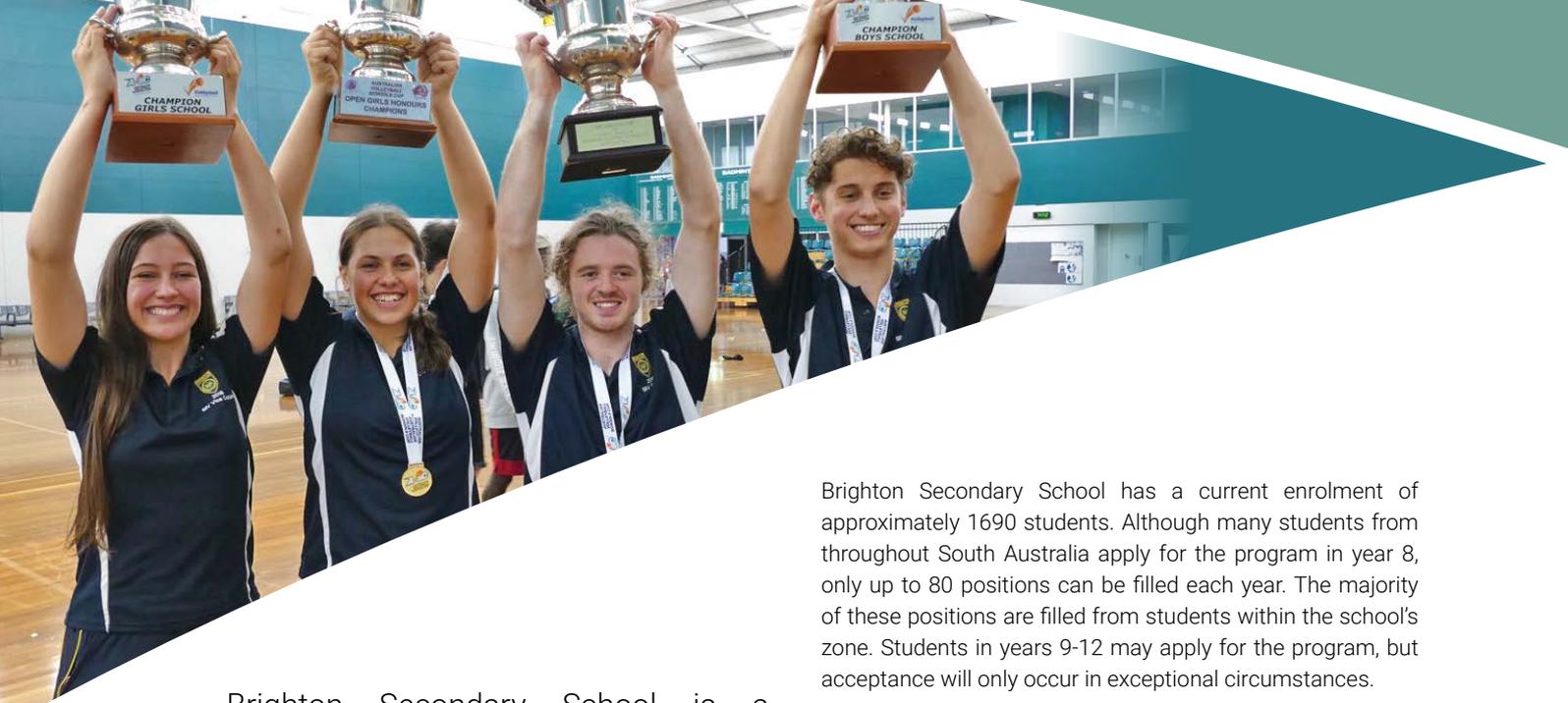




SPECIAL
INTEREST
VOLLEYBALL



Brighton Secondary School is a comprehensive secondary school, years 8 to 12, located approximately 12 kilometres south-west of the city of Adelaide on major train and bus routes. The school was opened in 1952 as Brighton High School and was amalgamated with Mawson High School in 1994. The new school called Brighton Secondary School was consolidated on the current Brighton campus in 1997.

Brighton Secondary School has a current enrolment of approximately 1690 students. Although many students from throughout South Australia apply for the program in year 8, only up to 80 positions can be filled each year. The majority of these positions are filled from students within the school's zone. Students in years 9-12 may apply for the program, but acceptance will only occur in exceptional circumstances.

Brighton Secondary School is acknowledged in South Australia as having a longstanding record of high academic achievement. In recent years the school has been recognised throughout Australia and overseas for its pursuit of excellence in volleyball, establishing itself as one of the prominent junior sporting programs in the country. The school has excellent facilities, including a specialised volleyball centre, with 3 indoor courts and 4 floodlit beach volleyball courts alongside the BPAC, a Performing Arts Centre.

A brief history

In 1994 the Special Interest Volleyball Program was established for students to study volleyball as a part of their curriculum. The program has 6 staff in the faculty and over 340 students enrolled. Since the 1990's Brighton Secondary School has become a force in the nation as one of the outstanding volleyball schools in the country. An indication of this is the school's success at the Australian National Championships held in Melbourne each year. In 2007, 2008, 2009, 2011, 2014, 2015, 2017 and 2018 Brighton was named Champion Volleyball School in Australia.

The aim of the SIV Program

The aim of the Special Interest Volleyball Program is to foster the holistic athletic development of talented students. The overall program goal is to promote skills, behaviours, attitudes and knowledge that will benefit students in their performance of volleyball and other sports, academic and vocational pursuits and personal development.





Courses and pathways

Volleyball classes operate at all year levels. Generally students enter the program at year 8 level then continue through to year 12. Entry at other year levels may occur through special application processes.

There are 3 main areas of the program:

During lesson time, students are involved in a structured learning program of practical and theoretical tasks designed to develop skills, knowledge and team attitudes. Some other sports are also studied, especially in the senior years, to enable accreditation via SACE Physical Education course pathways.

The other 2 areas of the program are training and competition. Due to the large number of students in the program and the desire to offer everyone competition and training opportunities, students must be prepared to be involved out of school hours.

The Out-of-School Zone

Selection process

Year 7 Out-of-School Zone trials are conducted in term 2. Students who wish to attend the volleyball trials may contact Reception on 8375 8200 in term 1 to make an appointment for a trial. An application package will then be posted.

The application package includes information outlining the program, the selection process and the testing that will occur during the trials. There is also a return-addressed envelope and referral sheet for the year 7 teacher, parent and coach to complete and return to the school before the applications close.

Years 8-11 Out-of-School Zone trials are conducted in term 3. On the trial day applicants will have the following fitness test data measured and recorded:

Initial trial

- 20m shuttle "beep test" – aerobic endurance
- 5m agility test – agility
- 20m sprint – explosive speed
- Vertical jump – explosive leg power
- Over arm throw – upper body power
- Height

Final selection

Students selected from the initial trial will be invited to attend the final selection trial at which movement, co-ordination and ball skills will be tested.

The In-Zone selection process

All In-Zone student trials are conducted in term 2. Students who wish to attend the trial may contact Reception on 8375 8200 in term 1 to make an appointment.

Why consider applying for the Special Interest Volleyball Program?

Students benefit from:

- the opportunity to study volleyball and other practical activities with students who have similar interests and abilities.
- the opportunity to learn skills, knowledge and attitudes that will benefit participation in any sport, but also have a positive impact on academic and vocational pursuits.
- the opportunity to work with specialised staff, including training with coaches from the SA Institute of Sport and Australian Institute of Sport.
- being encouraged to trial for competitions and to experience travelling to country areas, interstate and overseas.
- being a part of a program that is recognised nationally for its successes.

Recent SIV awards and achievements

- Australian Volleyball Schools Cup winner Champion School 2002, 2007 2008, 2009, 2011, 2014, 2015, 2017 and 2018 - 30 year participation in 2016
- Champion girls school 2013, 2014, 2015, 2017 and 2018
- Champion boys school 2018

Further information can be obtained from:

Coordinator volleyball – phone 8375 8207.

Please also visit the Special Interest Volleyball Program pages on our website at:

www.brightonss.sa.edu.au



305 Brighton Road, North Brighton SA 5048
P: +61 8 8375 8200 E: admin@brighton.sa.edu.au
Special Interest Volleyball Program
P: +61 8 8375 8207

brightonss.sa.edu.au



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