Lewis McPherson (Lewmac)

Lewis was a valued member of the SIV Program for 5 years from 2008 to 2012. Lewis represented Brighton in Knockout, State Cup and the National Schools Cup Volleyball competitions, and participated in the Year 10 South Coast Tour and Beach Tournaments. He gained his Senior First Aid Certificate, his Level 1 Coaching Accreditation and was a Regional Level Referee. Lewis played Junior League and State League Reserves for USC Lion and also coached a Junior League team while in Year 11.

In 2012 Lewis was a member of our Open Honours Boys Volleyball Team playing in the Libero position. Lewis will be remembered for his dedication and determination to never give up no matter what the situation. He was fun loving, passionate about his volleyball and treasured his friends. Lewis always did what ever he could to succeed and get the best out of himself.

The Staff, Students and Families of the Brighton Secondary School Special Interest Volleyball Community extend our deepest condolences to Kim, Mark, Cale and their families on the tragic loss of Lewis.
2012 Melbourne Medal winning Teams

- Open Honour Girls—Bronze
- U16 Honour Girls—Gold
- U15 Div 1 Girls—Bronze
- U16 Div2 Girls—Bronze
- U15 Div2 Girls—Bronze
2012 Melbourne Medal winning Teams

Open Boys Div 1—Silver

U17 Honour Boys—Bronze

U16 Div 1 Boys—GOLD
The SIV staff are pleased to announce the Volleyball Program Captains for 2013.

Captains: Cameron Taeuber and Hannah White
Vice Captains: Harrison Riddle and Yvette Halstead

They have been chosen to represent the SIV Program because of their proven leadership ability and commitment to the school values of cooperation, respect, responsibility, excellence, fairness and integrity. We believe they will be fantastic role models to students within the school and our Brighton community.

As always we welcome parent involvement including constructive feedback and strongly encourage communication between students, parents and staff. Please refer to the Brighton Secondary School website for contact email addresses.
Excellent results were achieved once again by our two SIV Year 12 classes consisting of 35 students last year.

In 2012, 6 students gained an A grade and 24 students received a B grade. 5 students received a C grade. No D or E Grades.

The State average for ’A’s in this subject was 14% and in our SIV program it was 18%.
The State average for ‘B’ grades was 54% and in SIV it was 69%.
87% of our Year 12 students in SIV gained a ‘B’ grade or higher.

Once again their results reflect why being a member of the SIV Program through to Year 12 is a relevant and potentially successful subject choice in the Senior School.

All students who achieved a medal position in Melbourne at the Australian Schools Cup will be presented to the whole school at a Year 8-10 or Year 11-12 assembly on Thursday Week 5 the 28th February. Students will need to be in correct playing uniform with their medal. An invitation letter to parents will be sent home with students regarding this day. Students not in correct uniform will not be presented at the assembly.

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2013 Course Outlines

Families are now able to access information about their child’s assessment plan and homework etc using the Daymap web address. Students can also keep up to date with what is happening in their class and therefore know their homework requirements and due dates for all assessment tasks.
2013 Team Selections

Mr Jeff Healey and Mr Jamie Tester (boys coaches) and Ms Rodger and Mr Shane Durbridge (girls coaches) will be training Development Squads during Term 1. Students have been informed of training times and dates on the SIV noticeboard and Screen in the stadium. Any student in Year 9 to 12 may be selected in the Open Squads.

The VSA South Australian School’s Cup competition will be held in early August this year in an attempt to avoid clashes with other sport finals. All School’s Cup Teams, both Honours and Divisional, will be selected for training during Term 2 and finalised at the end of Term 2.

National School’s Cup Teams will be selected by the end of Term 3. The cost of this year’s trip is expected to be approximately $890 per student and will be held 7-14th December in Melbourne.
The SIV Committee would like to thank all the families who contributed to the 2012 fundraising efforts by supplying goods for the Sunday Market stall as well as purchasing donuts, bags and the very successful BSS socks. We hope to use some more funds soon to further benefit all of our students.

If you have any fundraising suggestions or would like to be involved in this committee please let Jen Panno know. Our first meeting will be held on Wednesday 20st March.

please contact Jennifer Panno via email - jennifer.panno@brightonss.sa.edu.au

We meet once per term from 7-8pm (punctually).

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SIV Parent Information Night

Tuesday 26th February at 6:30pm
In the Performing Arts Centre

All parents are welcome to attend this meeting but it is especially recommended for new parents to the program. You will be able to gain information on how the program works, meet teaching staff and ask questions. Students are welcome to attend if they wish but it is not compulsory.

**Please note change of venue**
Kneepads are compulsory for all Yr 8 & 9 students during SIV lessons. Students in these year levels may not be allowed to participate in lessons unless they are worn. Kneepads are available from Student Reception and can also be purchased from sports stores.
It is recommended strongly that all SIV student wear kneepads during lessons, trainings and matches.

During Term 1 a handout sheet will be distributed to all students containing information about body conditioning and injury prevention techniques that we suggest all SIV students should be doing regularly. Theraband tubing will be available at a cost of $3 for a 1 metre length from Student Reception from week 5.

Due to the occasional incidence of ankle injuries during lessons and trainings, we recommend parents purchase a pair of ankle braces for their child. These are available from Student Reception at a cost of $65 each. A series of physio appointments to repair an injury costs approx $50 per visit!
If you would like to play Volleyball at club level you can contact any of the following clubs via their links. Students benefit greatly from playing at competition level throughout the year and the volleyball competition also benefits from our students diversifying throughout all clubs so they can play against each other.

**Volleyball Clubs/Associations - Adelaide**
(from the avf.org.au website)

- **Austral Volleyball Club**
  South East suburbs
  [australvolleyball.org.au/](australvolleyball.org.au/)

- **Henley Hawks Volleyball Club**
  North West suburbs
  [henleyhawks.com.au/](henleyhawks.com.au/)

- **Norwood Bears Volleyball Club**
  Northern and Eastern suburbs
  [norwoodbears.com.au/](norwoodbears.com.au/)

- **Mt Lofty Volleyball Club**
  Ade Hills & South East suburbs
  [mtloftyvolleyball.com.au/](mtloftyvolleyball.com.au/)

- **South Adelaide Volleyball Club**
  Southern Suburbs
  [savcpanthers.com/](savcpanthers.com/)

- **USC Lion Volleyball Club**
  Inner Southern suburbs
  [usclionvolleyball.com.au/](usclionvolleyball.com.au/)
Come and Play Volleyball With Henley Hawks

- Join our fun, dynamic and friendly club.
- Make new friends.
- Organise a teams of your friends.
- Learn how to play one of the world’s most popular and social sports.
- Play against teams from all over Adelaide.
- Get fit at the same time.
- Learn how to become a great coach, leader and referee.

The Henley Hawks Volleyball Club does all of this and more.

Ages 10 and up welcome.
Bring suitable court shoes
All abilities welcome
www.henleyhawks.com.au
SOUTH ADELAIDE VOLLEYBALL CLUB

Want to play Volleyball at a higher level, are you looking to play more Volleyball or do you want to improve your Volleyball skills? If you have answered yes to the above questions then South Adelaide Volleyball Club is the place for you. South Adelaide Volleyball Club aims to provide quality training and games for anyone wanting to play Volleyball in Adelaide’s southern suburbs. All our coaches are a minimum of Level 1 qualified and are well versed in the latest skill developments, trends and tactics.

At present trainings have started and we are selecting teams for the 2012 State League Season.

**Senior Women trainings from 7pm-9pm on Tuesday Nights at Westminster School Gymnasium**

**Senior Men trainings from 7pm-9pm on Thursday Nights at Westminster School Gymnasium**

These sessions are primarily for selecting our League, Reserve and Division 1 teams. Once teams have been selected, trainings will be separated and your team will be assigned a time on either Tuesday or Thursday nights.

For the younger athletes our Junior League tryouts start in March at Westminster School Gym.

South Adelaide Volleyball Club has a strong commitment to becoming South Australia’s Number 1 Club both in playing success at elite levels and development of all Junior and Senior athletes.

Over the years, the Club has produced many players that have continued their careers at a National level in both Indoor and Beach Volleyball. We have also had a member who has attended college in the USA on a Volleyball Scholarship. Since 2002, South has had members playing in the Australian Volleyball League which includes other Club teams from all over Australia. In addition, we also have many Junior athletes and Coaches attending the Australian National Junior Championships held each year.

If you think you have what it takes to play for South Adelaide, please come along to training or contact one of the people below.

For Junior League queries please email the Junior Development Officer
Melanie Brown - or call 0422 417 207

For Senior State League queries please email the President
Alex Moncrieff – moncrief@chariot.net.au or call 0403 295 680

Don’t forget to check us out at - [www.savcpanthers.com](http://www.savcpanthers.com)
Come and join one of the most successful Volleyball Clubs in South Australia. USC Lion has been associated with Brighton High School for many years. Playing games is the perfect way to improve your volleyball so this year come and experience the fun for yourself.

Junior League is played on a Friday night at various venues around Adelaide. It is for players under 19 years of age. There are various divisions so we can accommodate players from primary school up to year 12.

**JUNIOR LEAGUE TRIALS/TRAININGS:**
START: Thursday 21st February, and trainings will continue on a Thursday night.
TIME: Girls - 5.00-6.30pm  
Boys – 6.30-8.00pm

COST: **$250 for the season**, this includes Club fees, VSA membership and all match fees.
Uniform cost of **$35** (top), we use plain blue shorts for the bottoms.

**COACHING**
We are also looking for Junior League coaches. If you are interested in coaching a team contact Shelley on 0414266122 or via email at usclion@adam.com.au.

**FURTHER INFORMATION**
Shelley Clarke (Junior Co-ordinator)  
Phone: 0414 266 122  
Email: shelleyclarke03@gmail.com  
Website: [www.usclionvolleyball.com.au](http://www.usclionvolleyball.com.au)  
Facebook: find us on FACEBOOK - USC Lion Volleyball Club SA  
Also subscribe to our monthly newsletter via our website.
Norwood Bears Volleyball club now training at Brighton Secondary school on Monday nights.

Training times:
- Under 15/19 Junior Girls 5-6:30pm
- Under 15/19 Junior Boys 6:30—8pm
- State League Junior Boys & Girls & Div Men & Women 8—9:30pm

** State League Junior Boys & Div Men will move to training Wed 6—7:30pm in mid March

Norwood Bears began in the eastern suburbs around 10 years ago, and has now spread into the west after a successful program set up at Paringa Park Primary School only 3 years ago.

Our current junior program of around 150 players have had great success in the Junior State League Competition over the last few years, and this we wish to continue.

If you are interested in joining a family friendly club with a strong junior development program then now is your chance.

Club contact details:
- Ross Howat (Norwood Bears West Manager) 0413 170 756
- Rodd Gurr (Norwood Bears West Coordinator) 0419 824 648
- Tom West (Norwood Bears Head Junior Coach) 0439 388 291

Austral Volleyball Club
Austral Phoenix - is both competitive and fun on and off the court.
As a State League Club we still maintain a relaxed social setting with members of the club enjoying all the benefits that both comprise.

The club is expanding in both numbers and influence within the State League competition. With multiple women's, men's and junior teams there are opportunities for players of all ages and abilities to play competitive volleyball within the State League competitions where we have a tradition dating back to 1973. If volleyball is your game, or you think it could be, then Austral Phoenix is the club for you!

Contact Details
President – Adam Harris 0412 853 856
email – australvc@gmail.com website – www.australvolleyball.org.au