From the Principal

I am honoured to announce to the school community my reappointment as Principal of Brighton Secondary School from 2012 – 2018. It has been a privilege and a personal joy to lead Brighton for the past 7 years.

I look forward to the next 7 years, working with students, staff and families to build on our strong traditions and remain a great school long into the future.

Brighton Secondary School was selected as the venue for the Chief Executive, Keith Bartley’s presentation to 200 leaders in the Southern Region in the Brighton Performing Arts Centre. Keith Bartley, from the United Kingdom, was appointed Chief Executive for the Department of Education and Children’s Services in May 2011. He is committed to public education and has a focus on the individual student. Congratulations to the hospitality students and staff and the canteen personnel who prepared a lovely repast for the guests.

Congratulations to Danny Clarkson, Brighton Secondary School Head Prefect, who has been awarded a 2011 Order of Australia Student Citizenship Award. He will be presented with his award at Government House on 4th October.

Years 9 to 11 students are involved in the MacBook, One to One program for learning. I remind families that you do not own the laptop computer. Your fees are paying for the One to One program, for example, infrastructure and extensive technical support. The laptop remains the property of the school and as such, the property of the Minister for Education. In return, students have 24 / 7 access to a MacBook. Students at Brighton Secondary School are privileged to be part of this state-of-the-art program. They are expected to keep the laptop safe in its case, lock it securely in lockers at recess and lunch and treat it with respect at home and at school. All families have signed a user agreement and we expect they will honour this agreement.

Please note that the last day of term concludes at 1.00pm. Decibel Day is a tradition of Brighton Secondary School when students enjoy a more contemporary music program on the last day of term.

Reports are sent home Thursday Week 10 to provide families time to contact the school, prior to the school vacation, to respond to the assessment cycle.

Term 4 is a summer uniform term. Please read the relevant policy section in the student diary to prepare for term 4.

Olivia O’Neill
Principal

BSS is working with Legacy, the RSL and the Army to commemorate Remembrance Day 11/11/11 in a very special way. The school supported Legacy’s annual fundraising dinner.

BSS is one of 3 schools selected to provide a training program for visiting Indonesian teachers.
## Diary Dates

### SEPTEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>26</td>
<td>SIV Year 8, 9, 10 in-school trials</td>
</tr>
<tr>
<td>27-29</td>
<td>Music Moderation</td>
</tr>
<tr>
<td>28</td>
<td>Curriculum Review meeting, 3.30pm</td>
</tr>
<tr>
<td>28-30</td>
<td>SIV South Coast Tour</td>
</tr>
<tr>
<td>29</td>
<td>Reports distribution, 3.00pm</td>
</tr>
<tr>
<td>30</td>
<td>Decibel Day</td>
</tr>
<tr>
<td>30</td>
<td>End of term 3, dismissal 1.00pm</td>
</tr>
<tr>
<td>30</td>
<td>Rock Eisteddfod</td>
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### OCTOBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>17</td>
<td>Beginning of Term 4</td>
</tr>
<tr>
<td>17</td>
<td>Governing Council, 7.30pm</td>
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<tr>
<td>21</td>
<td>Jazz Cabaret</td>
</tr>
<tr>
<td>21</td>
<td>Last day of formal lessons for Year 12s</td>
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<tr>
<td>23</td>
<td>Sunday Market</td>
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<tr>
<td>25</td>
<td>Old Scholars meeting, 7.30pm</td>
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<tr>
<td>26</td>
<td>Valedictory, Adelaide Convention Centre</td>
</tr>
<tr>
<td>30</td>
<td>Sunday Market</td>
</tr>
<tr>
<td>31</td>
<td>Year 12 Exams begin</td>
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### NOVEMBER

<table>
<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>2</td>
<td>Curriculum Review meeting, 3.30pm</td>
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<tr>
<td>4</td>
<td>Yr 8 / 9 KO SIV</td>
</tr>
<tr>
<td>7</td>
<td>Governing Council, 7.30pm</td>
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<tr>
<td>10-11</td>
<td>Year 10 Peer Leader Training</td>
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<tr>
<td>11</td>
<td>Remembrance Day celebration, 11.00am</td>
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<tr>
<td>13</td>
<td>Sunday Market</td>
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<tr>
<td>13</td>
<td>SIM Government House Open House</td>
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<tr>
<td>14</td>
<td>SIV Yr 8, 9, 10 in school trials</td>
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<tr>
<td>15</td>
<td>Choir and String Concert</td>
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<tr>
<td>16</td>
<td>Year 12 Exams conclude</td>
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<tr>
<td>20</td>
<td>SIM W120 Celebration</td>
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<tr>
<td>22</td>
<td>Old Scholars meeting, 7.30pm</td>
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<tr>
<td>24</td>
<td>Charities and Recognition Assembly</td>
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<tr>
<td>25</td>
<td>Year 8 / 9 Roundtable conferences</td>
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<td>25</td>
<td>Last day of formal lessons for Year 11s</td>
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<tr>
<td>27</td>
<td>Sunday Market</td>
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<tr>
<td>28</td>
<td>Year 11 exams begin</td>
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### DECEMBER

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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>3-10</td>
<td>SIV Melbourne Australian Championships</td>
</tr>
<tr>
<td>4</td>
<td>Sound of Christmas concert, BSS back oval</td>
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<tr>
<td>5</td>
<td>Governing Council, 7.30pm</td>
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<tr>
<td>5-9</td>
<td>Australian Business Week</td>
</tr>
<tr>
<td>11</td>
<td>Sunday Market</td>
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<tr>
<td>12</td>
<td>Lessons and Carols, St. Peters Cathedral</td>
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<tr>
<td>12-16</td>
<td>1.00pm Dismissal</td>
</tr>
<tr>
<td>14</td>
<td>2012 Preparation week</td>
</tr>
<tr>
<td>16</td>
<td>Last day of Term 4</td>
</tr>
</tbody>
</table>

## Community News

### SOMERTON / BRIGHTON TENNIS

#### Holiday and Coaching Programs

School holiday Clinics
5th - 12th October, 9 - 11am, $10.

Term 4 coaching programs for all ages and all standards.

Torr Avenue, Brighton (rear of Council Chambers).

Please contact Steve 0431 891 733 for more details.

### STURT WOMEN’S SOCCER

To all girls of all ages who are interested in soccer.

Sturt Marion Women’s Soccer Club is having trials for team selection for the 2012 season. If you have the soccer bug, please come along. We are seeking players in all ages. Please make enquiries at brillo.au@gmail.com

### NAPLAN

National Assessment Program Literacy and Numeracy (NAPLAN)

The NAPLAN Results for Year 9s will be sent home with their Term 3 reports.

## 2012 TERM DATES

<table>
<thead>
<tr>
<th>Term 1</th>
<th>Term 2</th>
<th>Term 3</th>
<th>Term 4</th>
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<tbody>
<tr>
<td>30th January – 5th April</td>
<td>23rd April – 29th June</td>
<td>16th July – 21st September</td>
<td>8th October – 14th December</td>
</tr>
</tbody>
</table>

## 2011 YEAR BOOK

If you would like to order a Year Book (Magazine) for the year 2011 please contact Student Reception.

The Year Books will cost $25.00. Please note that payment was not included at the beginning of the year as in previous years.

Please place your orders by Friday 21st October.
Brighton Secondary School congratulates Riley Cocks, Year 10, who achieved third position in the 2011 City to Bay Fun Run in the South Australian Men’s section.

Congratulations also to Riley’s brother Jacob Cocks, Year 11, who achieved fourth place at the Commonwealth Games Steeplechase which was held on the Isle of Man last week.

To Grayson Jones, Year 10, who has been selected in the Secondary School Sport SA Interstate Boys and Girls Touch Championships to be conducted in Coffs Harbour NSW in October.

To Jade Bouchier, Kelsey Wagner, Jane Burton, and David Adcock who will compete in the Semi Finals of the Year 10 Debating SA Schools Competition

To Rachael Bartholomew, Year 12 who won a City of Marion 2011 Youth Recognition Award

To Tom Bowen, Year 12, who has been selected in the 2011 South Australian School Surfing State Team. The team will be travelling to the national Titles in Coffs Harbour, NSW in November and December.

To Matthew Elliott, Year 9, who has been selected to play State Lacrosse in Perth in the October holidays.

Relationships and Sexual Health Information

Talk it like it is …

When it comes to relationships and sexual health, you and your family are the most important source of information for your children.

More than anyone else, your beliefs and values will help shape your children’s views on what’s right and what’s not, so long as you let them know where you stand.

One aim of the Relationships and Sexual Health program delivered to students in years 8 and 9 is to increase their confidence to ask questions and develop skills needed to seek out accurate information. However, it’s important not to wait for your children to ask questions but use opportunities to have conversations as they arise.

One such opportunity may be while students are participating in their school relationships and sexual health program. Why not ask them about the course content, help them with their homework and have a discussion about how different this is from when you went to school!

Some tips:

It’s OK if you don’t know the answer – you cannot know everything and together you can find out the answer. See below for suggested information sources.

It’s OK to feel uncomfortable – you may feel awkward if you didn’t speak to your parents about relationships and sexual health, but it gets easier!

Talk it like it is – by being open and honest you will create the foundations for ongoing discussion and position yourself as their ‘go-to’ person.

There is a common misconception that talking about sex will make young people want to have sex. However, research has found quite the opposite. The more accurate information a young person has, especially when presented in a positive way, will help young people to develop healthy values, and delay having sex until a relationship feels respectful and safe.

Suggested Sources of Information:

SHine SA resources and services:
www.shinesa.org.au

‘Talk it like it is’ and ‘Friendships and Dating’
(disability focused) – for copies call 8300 5312

SHine SA Sexual Healthline: 1300 883 793
(Nurse operated. Available 9am – 1pm Monday to Friday)

Talk Soon, Talk Often – great new resource for parents and carers developed in WA.

Google the title to download booklet.


www.yoursexhealth.org.au a great website for young people on all topics of relationships and sexual health.
Brighton Secondary School celebrated 35 years of Special Interest Music on Saturday 27th August at the Elder Hall in North Terrace. It was a spectacular night of entertainment.

The music teachers not only conducted the students but they also coaxed, nurtured, mentored and sweated with the students through long hours of tuition and practice to produce the beautiful music for the audience to enjoy.

Teachers Mark Cameron-Smith, Annie Kwok, Andrew Barrett, Billy James and Andrew Dean are to be congratulated for their dedication to the high standards set by Head of Music Jeff Kong, and Coordinator Music, Craig Bentley.
**Music News**

**Jazz Cabaret**

The Brighton Secondary School Music Centre Presents:  
“New Orleans After Dark”
A night of Big Band Jazz
Friday 21st October 2011  
7.30pm – 11.00pm
At the Glenelg Football Club  
$20 per person (inc. supper)
For details please phone Pam Parsons, phone **8375 8215**.

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**Flute Eisteddfod Results**

Flute Results:

- **Kaya Nicholls**, Carolyn White Memorial Scholarship, 2nd place  
  City of Adelaide Eisteddfod – Flute Division.
- **Kaya Nicholls**, 14 Years & Under flute solo, 1st place.
- **Michelle Lennon**, 16 Years & Under flute solo, 2nd place.
- **Kate Galbraith**, Grade 6 Flute Solo, 1st place.
- **Angie Hicks**, Grade 7 & 8 Flute Solo, 2nd place.
- **Emily Squires**, Piccolo Solo, 2nd place.
- **Emily Squires & Emma Quigley**, Flute Duet, 2nd place.
- **Emma Boschma**, Grade 4, 1st place.

Congratulations to a group of very talented students.

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**Extension Studies Program**

This year students were provided with the opportunity to enrol in the Extension Studies Program offered through Flinders University. This program allowed them to study a wide range of subjects on campus that were being undertaken by first year university students, with their results contributing towards their SACE.

Zi Mu participated in this program and she selected to study Mathematics. Her results were excellent, achieving a Distinction grade for her studies. Zi Mu will be able to have this result contribute towards her ATAR. Congratulations to her on an outstanding set of results.

**Warren Eaton**  
Assistant Principal Senior Schooling
Percussion Showcase

Wednesday 14th September 2011

The annual Percussion Showcase was held in the new Brighton Performing Arts Centre on Wednesday 14th September. This year's performance included a number of school ensembles, soloists and a guest ensemble from Aberfoyle Park High School.
Volleyball Knock Out
Open Finals

On Thursday 25th August the Brighton Special Interest Volleyball Open Honour boys and girls teams set out to Heathfield High School to compete in the Open Knockout finals.

We left school on a chilly morning at 8 o’clock with the aim of bringing back gold medals. When it came to the pool games neither boys or girls teams dropped a set and all made it into the semi-finals.

With a strong performance by the girls defeating Willunga and the boys defeating Paralowie in straight sets, both teams made it to the finals to play against Heathfield. There was a great atmosphere with many Heathfield supporters watching both games. With the boys having a focus on starting strong and maintaining this pressure we knew that we would be able to win the game. After two strong sets the Brighton boys managed to win the game 2-0. The girls faced a tough game and knew that they would have to put 100% in to achieve a gold medal outcome. After losing a close first set the girls managed to win the next two sets, winning the game 2-1.

On behalf of the players we would like to thank the parents for their support and providing transport as well as our coaches Jeff Healey (Boys) and Sue Rodger (Girls) for all the effort that they have put in throughout the year and all the time spent working with us.

Luke Sibbons and Emma McEwen
SIV Captains 2011

Sport and Recreation

Vet active after school communities project

The Sport and Recreation VET Certificate II students have become certified AASC deliverers and are currently running a program at Brighton OSHC on Monday nights 3:45pm – 4:45pm.

Our students are planning activities, organising equipment and delivering activity sessions to groups of up to 30 students ranging in age from reception to Year 5. These sessions have been very successful. The Brighton OSHC children have participated very actively and enjoyed the sessions. Each child has developed sports skills and participated well as a team member.

Our BSS students have found it to be a very rewarding experience and are learning a lot about managing groups and leadership skills. Thank you to Kellie Snowdon from the AASC for dedicating her time to enable our students’ development. Her feedback was invaluable in ensuring the successful accreditation of all the students who undertook the course.

We look forward to an excellent relationship in the future with AASC and Brighton OSHC as our students continue to develop their skills and leadership through this course.

Peter Vowles
Coordinator Health & Physical Education
Rio Tinto
Big Science Competition

Over 37,000 students from Australia, New Zealand, Singapore, and the Philippines registered for the 2011 Rio Tinto Big Science Competition. Brighton Secondary Students performed very well. Congratulations to all who entered the Competition.

Kate Galbraith’s top 5% results have been recognized by an invitation to be involved in the National Qualifying Exams for Australian Science Olympiad. Kate sat for the Biology section a few weeks ago. A wonderful honour and achievement by Kate!

Special congratulations to all who achieved High Distinctions, Distinctions and Credits, as listed on the right.

High Distinctions
Senior: Kate Galbraith
Year 9/10: Jake Grant; Spencer Olds
Year 8: Gus Pawlowski

Distinctions
Year 9/10: Sonia Huang; Audrey Lian; Alex Rogan; Lachlan Tyler-Dowd; Ryan Wilson
Year 8: James Murray; Martin Oakley

Credits
Senior: Timothy Stevens
Year 9/10: David Dean; Nicholas Donato; Esther Gigger; Sarah Hartley; Emily Johns; Michelle Lennon
Year 8: Felix Chapman-Petrone; Anyue Lang; Taylah Payne; Matthew Richardson; Madison Ryan

Thank you to Peter St Clair-Johnson for organizing the competition again this year.

Jenny Cabot
Science Coordinator

Debating

The United Nations Youth EVATT Trophy Event, which is Australia’s largest secondary schools’ debating competition, provided a rich learning experience for Brighton Secondary students Hargun Gill (Yr 12) and Hannah Whetham (Yr 11). This youth forum was held on Sunday August 28th.

The day consisted of divisional rounds of negotiating, lobbying, debating, and speaking on a diverse range of issues in the style of the UN Security Council. Allocated the country of South Africa, Hannah and Hargun researched and presented their stance of ‘for’ or ‘against’ a series of proposed resolutions. The resolutions proposed the banning of torture worldwide, the UN infiltrating and operating the entire continent of Africa to improve its welfare, reducing nuclear weapons by 50% under the Non Proliferation Treaty and legalising assassination in situations where masses of innocent lives are jeopardised.

Students from each school were required to argue their position, verifying their decisions with their country’s historical evidence and political policies. Amendments to Statutes were passed to alter the resolution through negotiation and a voting procedure.

The event gave insights into how the UN operates. The attendees learnt the important skills of negotiation and compromise, and had the opportunity to exercise their critical thinking and creative problem solving skills. The students also grasped a better understanding of the complex legal procedures involved in the UN, and the lengthy processes involved in perfecting resolutions to suit the welfare and needs of each country.

The students found it challenging to think on behalf of the countries’ legal system, history, and politics to make decisions, as opposed to making decisions on the grounds of personal moral principles. Overall, the event proved to be an invaluable learning experience!

Hannah Whetham, Year 11
Lift Dance Theatre is Brighton Secondary School’s contemporary dance company. Artistic Director Alan Todd and Choreographer Erin McAnna launched Lift in 2009 as a performing company that would produce original work in extended formats.

Thus far it has premiered three full-length works; Love and Silence at the Goodwood Institute Theatre in 2009, Summer on the beach at Glenelg as part of the 2010 Adelaide Fringe Festival and Awakening at the Australian Dance Theatre as part of the 2011 Adelaide Fringe Festival. In late 2011 Erin McAnna left the company to pursue other interests and was replaced by Lauren Cox.

There has been a twenty-year history of Dance at Brighton as an extra curricula subject through the Global Rock Eisteddfod and Wakakirri competitions. Many thousands of students have taken the opportunity to be dancers and choreographers and to learn lighting, sound and costume design as well as assuming leadership roles. Brighton’s success has been measured not only in five wins at state level in the Rock Eisteddfod and representation at a national level but in the number of students who have gone on to careers in theatre as actors, as theatre technicians, in television, in radio and in dance companies across Australia.

In October 2011 a new production from Lift Dance commenced with a series of dance workshops. Melbourne theatre director Fleur Kilpatrick ran the initial workshop in September 2011 wherein the dancers began the process of laying down the base vocabulary through improvisation. The new production is tentatively titled ‘The Silence of Nothing’ and is based upon the conceptual work of the American artists Korsuth and Serra and follows the ethos of 21st century dance as a multimedia production. The work will premiere in July 2012 as part of the Brighton Secondary 60th birthday celebrations in the new theatre on the Brighton campus with its professional lighting rig, sound system and HD projector. The score is being specially written by ex student and composer Emma Drinkwater. Part of the plan is to have Emma playing live on stage with the dancers. The production will subsequently become part of the 2013 Adelaide Fringe.
Below is a collage of health promoting tasks associated with the Year 12 Health investigation.

**Facebook Dangers**

Facebook is the largest social networking site used by teenagers today. A survey conducted of 60 students from Brighton Secondary found 35% of students access Facebook every chance possible, including during school time. With the rapid advancement of technology, both students and parents can struggle to understand the correct methods to protect their safety online. Many dangers are associated with the misuse of Facebook, and further education for teenagers is vital in assuring their protection of safety online. Here are just some potential online dangers facing teenagers:

- Inappropriate content (explicit language, sexualised photos, derogatory images)
- Cyber bullying, also known as ‘Facebook fights’
- Check ins - Provides a google map to exact location of device used
- Hacking, stalking and grooming
- Inadequate privacy settings
- Accessibility to personal information
- Cyber footprints

Education for teenagers’ safety on Facebook is far from satisfactory. Teenagers are unaware of the dangers Facebook carry, primarily because they learn online habits from fellow teenagers, who are also unaware. Additionally, the requirement for parents to understand safe practices online is essential for protecting their child’s safety. In my survey of adults, 100% indicated the younger generation’s safety online worried them.

I presented an informative seminar for the Governing Council committee which portrayed the facts about Facebook safety from the perspective of a teenager obtaining a Facebook account. I had previously conducted 3 surveys of teenagers and adults, and integrated them throughout the presentation to show how realistic this issue is. Hopefully an informative seminar for parents on Facebook use will be confirmed soon - please be sure to place this seminar as a high priority if your child has a Facebook account. Helpful websites to assist in both teenagers and parents understanding of safe online use; [www.icybersafe.com](http://www.icybersafe.com), [www.thinkuknow.org.au](http://www.thinkuknow.org.au).

**Jo Garrard, Year 12**

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**Fad Dieting**

As a part of my Year Twelve major Health task I chose to investigate the effects of FAD dieting on teenage girls. Through surveys, web based research and an interview with South Australian Dietitian, Nick Wray, I was able to determine the dangers of FAD dieting and how they can be avoided.

“A FAD diet is an eating program that is generally unbalanced, unhealthy and not nutritionally sound”. There are obvious characteristics to FAD diets that appeal to human emotions:

- An elimination of one or more of the five main food groups, i.e. fruit and vegetables, grains, dairy, protein and fats and sugars.
- Rapid weight loss, often without exercise and drastic amounts e.g. five kilograms in a week.
- Endorsement by celebrities or backing by scientific research

The dangers of FAD dieting vary depending on the duration of the diet and how often the participants see-saws their weight. The short-term responses to FAD dieting include:

- Constant gas and gastrointestinal disturbances
- Dry skin and hair
- Brittle nails
- Dark circles under eyes
- Fatigue
- Shedding of hair on a regular basis

The far more serious side effects occur as a result of long-term weight loss and weight gain:

- Slowed metabolism, up to 15% drop
- Abnormal hormone levels and menstrual cycle
- Excessive weight gain after diet ceases
- A risk of heart disease, iron deficiencies, anaemia and osteoporosis later in life

The physiological dangers of FAD dieting are not the only concern, psychological side effects are just as damaging. The constant success and failure of FAD diets can result in low self-esteem, which can soon develop into more serious eating conditions such as anorexia or bulimia.

Maintaining a healthy body weight is simple:

- Exercise regularly. Aim to exercise for at least 30 minutes five times a week
- Consume at least two litres of water
- Enjoy a balanced diet that covers all food groups, even a treat every now and then.

Hopefully by educating the population of the dangerous effects of FAD dieting we can lose and maintain weight in a healthy manner without resorting to drastic measures.

**Georgia Bevan, Year 12**

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<thead>
<tr>
<th>Fruit</th>
<th>Vegetables</th>
<th>Grains</th>
<th>Dairy</th>
<th>Protein</th>
<th>Fats and sugars</th>
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Mobile Phones and Driving

As well as being illegal, using a mobile phone whilst in control of a car is a major health risk and provides great danger not only to the driver but other road users and pedestrians. “From 2002 – 2004, 456 drivers over the age of 17 who use mobile phones had been in crashes resulting in hospital attendance.” “Using a hands free in-car kit or portable hands free device while driving is the equivalent to having a blood alcohol concentration of .08.” 0.08% is the equivalent of the consumption of approximately 2 - 4 standard drinks.

The following are driving tips targeted at teenage drivers or students about to get their licence:

- Never read or send text messages while driving
- Switch your phone off, turn it to silent or let voice mail take a message
- Pull over if you need to make or receive a call or to send or receive a text message
- Plan before you drive. Make any necessary calls before driving
- When others are in the car, ask a passenger to receive or make calls for you
- Simply shut up and just drive

Jake Blair, Year 12

Sexism

Are you aware that sexism is an issue that can cause serious mental health issues and low self-esteem, particularly in teenage girls?

Sexism is an issue that can be present in many different areas of a person’s life. Sexism can occur in the workplace, school, on the Internet, television and even in public places. There are many different ways to interpret what sexism actually is but generally speaking sexism is something said or acted upon that makes the opposite sex feel lower or of lesser value, any unwelcome sexual attention both physical and verbal or being treated unfairly because of gender.

Currently sexism is an issue that teenage girls feel they cannot get away from. Every aspect of their lives is swamped with sexism. Facebook groups referring to girls as the inferior sex and increasing television advertisements with scantily clad girls hanging off men like they desperately need them. Research has shown the constant exposure to these “perfect girls” on television has led to an increase in mental health issues such as low self-esteem, depression and eating disorders.

100% of girls surveyed say they have been or know someone who has been victimised by sexist remarks, claiming they felt extremely uncomfortable. We as a community can help reduce the percent of sexist incidents by educating both males and females on the importance of sex equality and teaching teenagers how to deal and react to sexist remarks.

Chelsea Betham, Year 12

Mobile Phones

Are you aware of the potential dangers of mobile phones?

Recent studies conducted by the World Health Organisation indicate there is a possible link between heavy use of mobile phones and the development of brain cancer. According to International Agency for Research on Cancer (IARC), heavy use is considered as 30 minutes everyday for 10 years.

The way people store their mobile phone is also exposing them to other possible cancers. For males, storing the mobile phone in their pocket can potentially lower sperm count and increase the chances of developing testicular cancer. For females, leaving the phone in their bra can lead to breast cancer.

The most frightening statistic was 67% sleep with their mobile phone on and next to their bed, exposing themselves to radiation every night. A survey conducted of 100 students, indicated 74% of teenagers are aware of the risks associated with mobile phones but do not alter the way they use them. This is indicating that awareness in children needs to take place before the habit and excessive mobile usage takes over and children need to be aware that the long-term physical effects are more hazardous than the short term social effects.

Leah Van Nieuwmans, Year 12

STOP PRESS – ELECTRONIC DEVICES

Many students have had electronic devices lost and stolen at school. In general the students are careless with their possessions leaving iPods, phones, laptops etc on top of lockers or desks.

Families will know if their children have devices that were not purchased by them. We encourage everyone to do the right thing and report thieves and theft.
Students Visit the SAATCHI Exhibition and White Rabbit Exhibition at the SAMSTAG gallery.

The SAATCHI Exhibition at the Art Gallery of South Australia was the exciting destination for many of the middle school art students this term. This collection showcases the brilliance of contemporary art in Britain. Over 70% of the Art Gallery space was taken up to present the work. Students from years 9 to 10 experienced the diverse and challenging ideas presented and thoroughly enjoyed the art works displayed. Now back into their projects at school, many students have started to be influenced by these artists in the development of their own art projects.

Students participated in ‘The Hive’ where they found object insects were constructed in response to the ‘Swarm’ installation piece. Some classes also visited the White Rabbit Exhibition at the Samstag Gallery at the University of South Australia. Contemporary Chinese artworks presented impressive and very individual interpretations about the recent social, economic and cultural changes in China.

Yasmin Paterson
Visual and Performing Arts Coordinator

An Epic Family Adventure

Nick Petrucco and his sister Kate Harry attended Brighton Secondary School from 1984-1988 and 1986-1990 respectively. Nick earned leadership, academic and sports recognition during those years, culminating in his role as Head Prefect in 1988. Kate is remembered for her contribution to dramatic productions, art projects and netball, softball and volleyball sporting teams.

In December Nick with his Stepfather Nick Gyss, and eldest daughter India Petrucco (12) will walk almost 800 km from the west coast of India to the east coast. Nick’s wife Rebecca, and younger children Maggie (8) and Gus (3), along with Nick’s Mum Jenny will also be an integral part of the walk team. Later in December Nick’s sister Kate and her 2 children Alice (12) and Max (10) will join the family in Bangalore for an Indian Christmas and walk the remaining 328km.

The family aims to raise $30,000 for ChildFund Australia to support children’s projects throughout India. These projects target the most disadvantaged children and create opportunities to promote their health, education and safety. The family’s chosen projects include; child protection awareness sessions, nutritional supplements for malnourished children and emergency medical support for HIV children, plus many more vital projects to support children and families.

Why are they doing this? The reason is simple. To make a difference in the lives of disadvantaged kids and at the same time create an unforgettable experience for their own children and to demonstrate how everyday families can make a very real difference.

People can follow the walk on Facebook at www.facebook.com/Coast-to-Coast-India and support the walk by making a donation at www.everydayhero.com.au/coasttocoast
Vet Certificates being undertaken by Brighton Secondary School students in 2011

Did you know we have over 45 students enrolled in VET courses?

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<td>Certificate I in Construction x7</td>
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<td>Certificate I in Construction</td>
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<td>Certificate I in Construction</td>
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<td>Plumbing course</td>
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<td>Centre for Creative Photography</td>
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<tr>
<td>Sport &amp; Recreation (Basketball)</td>
<td>Pasadena HS</td>
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Year 8/9 Knockout Football

Well done to our Year 8/9 boys football team. They defeated Wirreanda, Tatachilla and Hallett Cove. Unfortunately they were ‘knocked out’ by a very strong Sacred Heart team. Thanks to Tony Mahar and Kristian Sodomka for coaching and managing the team.

Jason Archer
Sport Coordinator
Year 12 Research Project

Brighton Secondary School would like to acknowledge Julian Swallow, Journalist from The Advertiser, who wrote the following article about Nicholas Pearce’s Year 12 Research Project. The article below was published in The Advertiser on 3rd September 2011.

iPod noise inspires student to become a public speaker.

Senior School student Nicholas Pearce is hoping his plea for government action to reduce noise-induced hearing loss in teenagers won’t fall on deaf ears. Nicholas, 17, has asked Federal School Education Minister Peter Garrett to introduce a school program to raise awareness of the dangers of exposure to excessive noise similar to a program in the United States called Dangerous Decibels. “He should know better than anyone,” Nicholas said, referring to Mr Garrett’s previous career as frontman of rock band Midnight Oil.

The Year 12 student’s campaign was sparked by a school research project in which he asked 300 friends and fellow students how long and loudly they listened to their iPods each day. His research, which involved an artificial ear, found 55 per cent of students were risking severe damage to their hearing now, while a further 30 per cent were risking longer-term damage. Nicholas said five students were listening to music at a volume equivalent to sticking their head next a lawnmower for about half an hour a day. “Lots of them knew it was bad for them, but not how bad,” he said. “They thought they might go deaf at 80, but it’s probably more like 45.”

Nicholas’s research found that listening to anything over 85 decibels for periods over eight hours was unsafe. National Acoustics Laboratories director Professor Harvey Dillon yesterday said while their research found the problem was not as severe, it remained a serious issue. Nicholas has written to Senator Nick Xenophon expressing concern about his findings. Senator Xenophon said the research had revealed an “urgent and pressing” public health issue. “We could end up having grandkids sharing hearing aids with their grandparents,” he said. A spokeswoman for Mr Garrett told The Advertiser it was not a federal matter.

Research Project Summary

2011 was the first year that the Research Project, a compulsory Stage 2 subject, was introduced by the SACE Board. The Research Project is a subject that provides students with the opportunity to study and research an area of interest.

Planning for the implementation of this subject at Brighton began early in 2010 however, to ensure we would deliver students a well prepared and resourced subject to ensure they were given every opportunity to achieve their full potential. This involved producing a Research Project Booklet that each student was provided with and an electronic version of this booklet was also placed on Daymap for all students to access.

A total of 11 Research Project classes were formed this year, staffed by teachers who had played an active role in the planning stages.

The results achieved by students were excellent. They were not only a reflection of the innovation shown by students and their willingness to embrace this subject, but also the preparation and planning that was undertaken by staff at Brighton.

A total of 193 students completed the Research Project in Semester 1. 52 students achieved an A grade and 80 a B grade. This represents 68 % of all students. An outstanding result indeed!

There was a really interesting and diverse range of topics selected by students, with several benefiting from the relationship we established with Flinders University. A number of lecturers acted as mentors for our students, providing them with a point of contact and expertise they could draw on. This was an excellent opportunity for a number of our students and it is hoped this relationship with Flinders can continue in 2012 and beyond.

In planning for next year, Michelle Andersen, Year 11 Manager and I will be preparing students for the Research Project by providing them with a structure to select a topic and begin preliminary planning. Time will be allocated during home group for this to occur.

Warren Eaton
Assistant Principal: Senior School
The school community is very proud of one of its creative writers, Charlotte Burton. She has recently won first place in her category in the poetry section of the prestigious Advertiser Young Writers’ Award.

Charlotte has wanted to be a writer ever since she read Harry Potter and the Philosopher’s Stone at the tender age of six. Her favourite genre is fantasy, and J.K Rowling, John Green, Suzanne Collin and Jules Verne are amongst the authors she admires. Charlotte has written poetry ever since she was nine, and her favourite poets include Lewis Carroll, Charles Causley, Emily Bronte and Edward Leer.

She was encouraged to enter the Young Writers’ competition by her parents and by the Creative Writers’ Group at the school, of which she is a part. “I was thrilled to get the letter saying I was a short listed finalist,” she says “but I didn’t think I’d actually win”. Although Charlotte is currently mastering the difficult art sonnet-writing with ease, she sees her future as being in fiction and wants to write novels for a living.

Ms Maj-Lis Vatzlavik
English Teacher

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